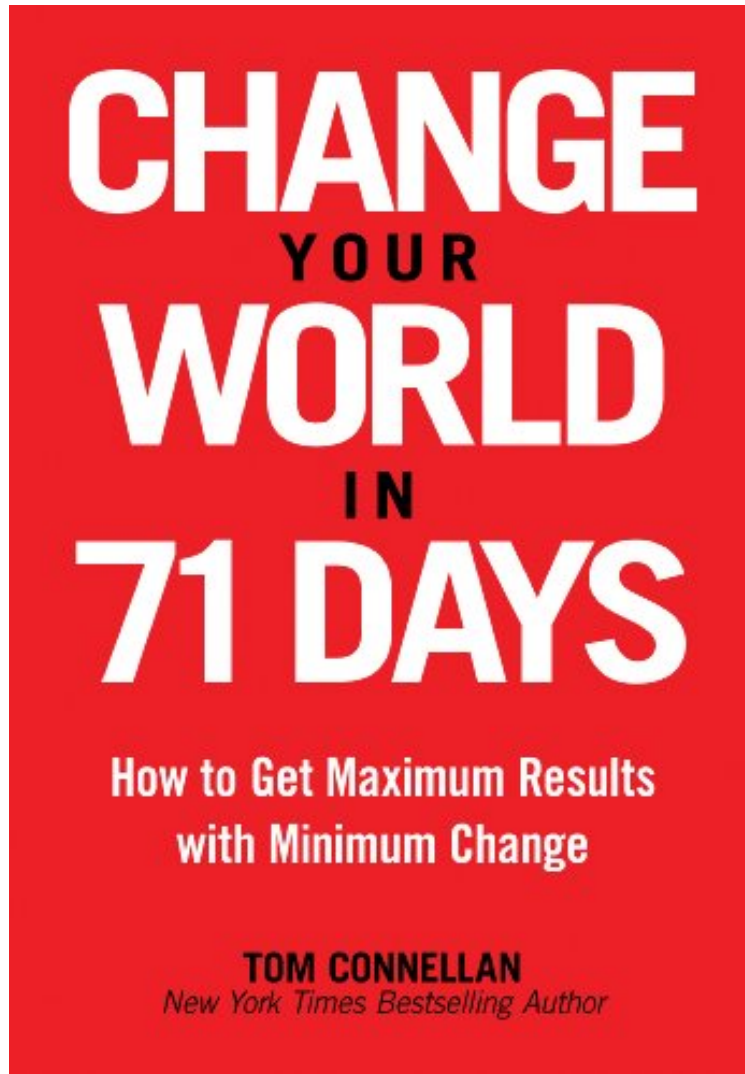


(Free pdf) Change Your World in 71 Days: How to Get Maximum Results with Minimum Change

Change Your World in 71 Days: How to Get Maximum Results with Minimum Change

Tom Connellan

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Tom Connellan : Change Your World in 71 Days: How to Get Maximum Results with Minimum Change
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Change Your World in 71 Days: How to Get Maximum Results with Minimum Change:

0 of 0 people found the following review helpful. I enjoyed this bookBy Joshua FischerI enjoyed this book. My girlfriend got it for me, as I tend to be a very grandiose thinker. I have huge, beautiful ideas, but when I attempt to put them into practice, I become overwhelmed. This books tells the story of individuals who attack their personal improvement and ideas in bite-size chunks.Not sure why all the hate? Apparently people are not improving their life

1% at a time. You know the problem with a majority of Self-Improvement books: They are always convoluted and try to emphasize too much. What is great about this book? It emphasizes one thing that you can apply to all walks of life. As others have mentioned, he outlines the philosophy within a paragraph and then continues to utilize a novel-esque format showing several characters applying this simply philosophy in their lives. I personally thought it was a great aspect of the book. The characters apply it, each in their own way, illustrating the teaching can be applied in so many different ways. I appreciated this. We know repetition is key. So, the book repeats itself in different ways. It's a very quick, easy read. Worth the time, in my opinion. Practice what it preaches and observe the results. 0 of 0 people found the following review helpful. Nothing changes. By Grace Rostoker. Absolutely everything in this book has been said before, and more than once. In a nutshell, Tom Connellan is telling us that small changes in whatever we do will eventually add up to a big change and greater achievement. It's the 'kaizen' method given a make-over by means of the fictional Jack, who by chance picks up a self-help book left in a cafe. He uses the 'improve one percent at a time' method to buck up his career, then his wife uses it for her weight loss efforts, his daughter to improve her grades, his friends to save their marriage, and so on. As fictionalized self-help goes, the story is not that bad. But the whole one percent thing had me confused. Improve a little bit each day - okay. Improve by one percent? If you're not doing something that's mathematically quantifiable, how do you know? Seems to me that the one percent business is a shaky at best gimmick, meant to disguise the fact that this book is rehashing old advice. Not content with going over old 'improve a bit at a time' ground, Tom Connellan also tells us not to stymie ourselves with too many goals at once, to use positive self talk, that action is more important than attitude - he even brings in the wonder of compound interest - all with a 'one percent' spin in an attempt to make it sound fresh. I don't doubt that Mr Connellan is an accomplished and successful man, and I'm sure his heart is in the right place, but I really don't think that this book will change anyone's world - not even in 71 days. Note: I received a copy of this book from NetGalley in return for an honest review. 0 of 0 people found the following review helpful. Great Concepts, Relatable Story--A Great Reminder For Us All. By Heather EAs one who has worked with people for over 20 years it has been proven to me time and again that we learn best through stories that are relatable and easy to understand. While there are some personality types that like to get to the bottom line quickly (I understand, as I am one of them) I believe Tom did a great job crafting a character, Jack, and took us on his journey from frustration in life to being happy and successful. The story was told in a way that explained his concepts yet was engaging and was not overly "wordy." I never felt like there was any fluff (if anything, I want to know more about what happened with Leticia). Through the story of Jack we learn how making small changes can make huge impacts. Yes, as many of the reviews said, this information is nothing new. Neither is anything any of the great teachers of our day have said. We all need to be reminded of these concepts in new ways. I believe Tom wrote a great book that is easy to read, is engaging and challenges you to become a better you. This is going to be a great gift for my clients.

It's no secret that people feel stuck, worn down by the economy, and distrustful of their elected representatives. Job satisfaction is at an all-time low. Polls show that people feel worse about their work, bosses and organizations than ever before. They feel bogged down. They have no traction. No momentum. But it doesn't have to be that way because Tom Connellan gives you a blueprint that builds traction and momentum. Blending fundamental concepts from Mathematics, Physics, and Psychology, the blueprint works because it's based not on opinion but on research, testing, and application. Change Your World in 71 Days lives up to Tom's reputation for delivering insight, wisdom, and actionable ideas. It includes examples from work, sports, weight loss, relationships, student study habits, and self-talk. There's even a chapter titled "The Ninth Wonder of the World: Jack Becomes the Warren Buffett of Peak Performance" that you'll really enjoy. Whether you want traction and momentum in your life, job, or community, Change Your World in 71 Days gives you a blueprint for all three.

Tom gives you a clear-cut map to build traction and momentum in your life. (Frances Hesselbein, president and CEO, Leader to Leader Institute and former CEO, Girl Scouts of the USA) If you want significant breakthroughs in personal or team productivity, get a copy of Change Your World in 71 Days for everyone on your team. Tom's 1% formula will have you and your team at peak performance in no time. (Ken Blanchard, Co-author of The One Minute Manager) If you want to turbo-charge your traction and momentum, Tom's the guy to show you how to do that! (Marshall Goldsmith, executive coach, business educator, and bestselling author of Triggers) If you want to build a business, burn Tom's simple but powerful message into your mind and the mind of everyone who works for you. (Joseph Sugarman, chairman, BluBlocker Sunglass Corporation) About the Author A New York Times Bestselling author, Tom Connellan has a reputation for delivering value. A former Program Director and Research Associate at the University of Michigan, he's served as a Guest Lecturer in the Department of Psychology, School of Business, and School of Public Health. He's been the Editorial Director of four leadership and human resource journals at Michigan's Business School. A researcher, keynote speaker, and consultant his North American clients include FedEx, Marriott, Acura, Canadian Tire, Neiman Marcus, Sobeys, BMW, and Home Depot. Selling Power Magazine

labeled him one of seven "tough talking and truth telling" keynote speakers because he always delivers actionable ideas. His books follow that same tough talking and truth telling pattern because his unique combination of solid research, street-smart business sense, and straight-shooting approach delivers solid value to the reader.