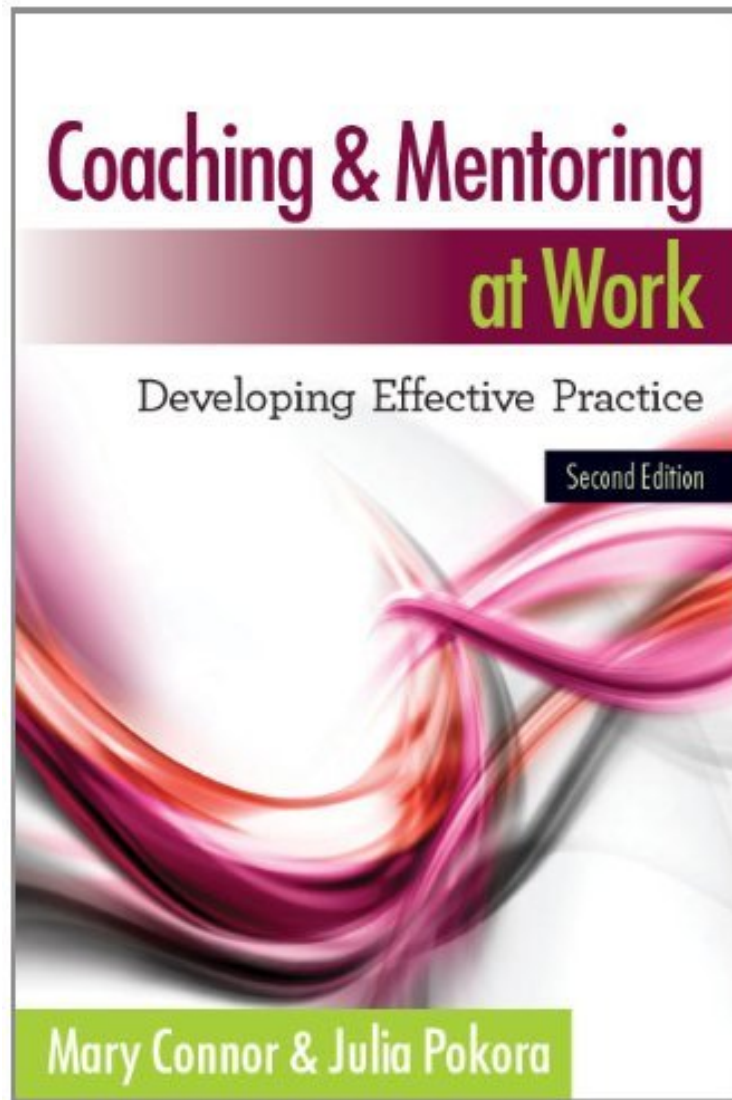


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## Coaching And Mentoring At Work: Developing Effective Practice

Mary Connor

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About the AuthorMary Connor has worked as a consultant in individual and organization development, throughout the UK, in South East Asia and in South America. She has extensive experience as a coach, mentor, trainer and coach supervisor. Following an early career with BP and Exxon, Julia Pokora established an independent consultancy, and was an Associate with Ashridge Teamworking Services. She has recently focused on developing mentoring and coaching capability in the Health Service. Mary and Julia are founder members of Coaching and Mentoring Consultants which delivers training and supervision for managers, leaders, educators, clinicians and health professionals.