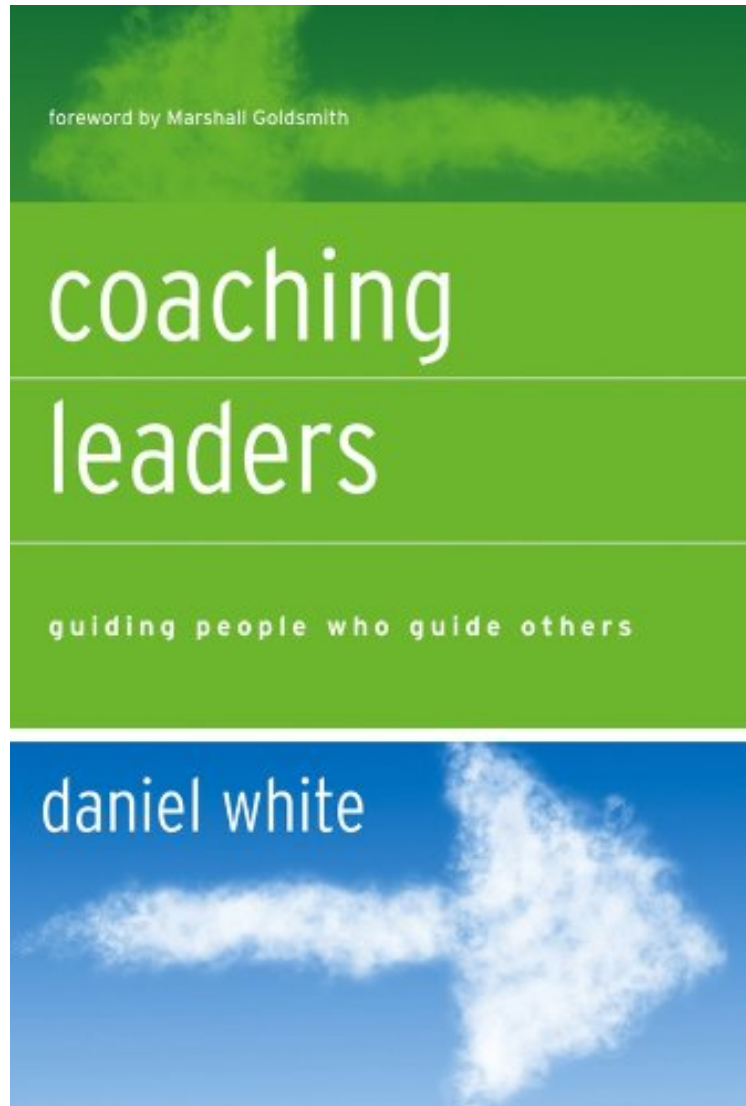


(Read ebook) Coaching Leaders: Guiding People Who Guide Others (J-B US non-Franchise Leadership)

## Coaching Leaders: Guiding People Who Guide Others (J-B US non-Franchise Leadership)

*Daniel White*

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**Daniel White : Coaching Leaders: Guiding People Who Guide Others (J-B US non-Franchise Leadership)**  
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Coaching Leaders: Guiding People Who Guide Others (J-B US non-Franchise Leadership):

0 of 0 people found the following review helpful. Fantastic, thorough intro and primer for leadership coaching By Larry Boatright Daniel White takes the reader on a deep and wide journey into what leadership coaching is all about. From an understanding of leadership itself to the process of behavioral change, one walks away with a working knowledge of the essentials of leadership coaching. The case study examples throughout are particularly helpful. 0 of 0

people found the following review helpful. Five StarsBy CustomerLove it!11 of 11 people found the following review helpful. A "Must Read" from a Leading CoachBy Dr. Steven AxelrodDan White has written a terrific book that gets inside the "black box" of executive coaching to describe how behavior change and growth can occur at work. This book is informed by a mastery of the literature on leadership and by the author's own savvy about organizational life. His book is worth buying just for the summary chapter on "What is Leadership." From that excellent starting point the author goes on to describe the practice of coaching in detailed, but highly accessible terms. While other books have extolled the virtues of coaching and the results it can bring, none, in my experience, give as good a feel to the reader for how a coach actually goes about facilitating behavior change and growth. Through many case examples, Dan White shows how a coach's skills and techniques impact the dynamics of behavior. He offers a valuable window into how a skilled coach uses questioning, listening, pattern recognition, and reframing to challenge the client to grow as a manager and leader. His chapter on coaching themes gives a very valuable overview of typical coaching assignments and helps the reader understand the broad applicability of executive coaching. I highly recommend this book for both beginning and experienced coaches and for organizational sponsors of coaching who want to gain an in-depth understanding of how the process really works.

Coaching Leaders is written for coaches who are in the challenging position of working with leaders and helping them excel as the top executives and managers in their organizations. The book is filled with illustrative examples from Daniel White's practice as a successful executive coach. His clients' stories reveal the human drama of becoming a leader and explore the courageous and fascinating accomplishments these individuals have achieved in order to grow professionally. These stories also clearly show how a skilled coach adjusts to meet an individual client's personality and targeted challenge. Coaching Leaders includes a wide variety of effective coaching concepts and the information needed to guide leaders and help them maintain the motivation to change; battle anxiety, fear, and resistance; and achieve emotional intelligence.

From the Inside FlapWhile most executive coaches have a professional background in one of four areas of expertise—human resources and organizational development, career counseling, business at the executive level, or psychotherapy—they have little formal training to prepare them for the ups and downs of leadership coaching. Coaching Leaders offers new and seasoned coaches a hands-on training manual that incorporates the valuable lessons, techniques, processes, and skills that will help them achieve the next level of coaching professionalism. Coaching Leaders is written for coaches who are in the challenging position of working with leaders and helping them excel as the top executives and managers in their organizations. The book is filled with illustrative examples from Daniel White's practice as a successful executive coach. His clients' stories reveal the human drama of becoming a leader and explore the courageous and fascinating accomplishments these individuals have achieved in order to grow professionally. These stories also clearly show how a skilled coach adjusts to meet an individual client's personality and targeted challenge. Coaching Leaders includes a wide variety of effective coaching concepts and the information needed to guide leaders and help them maintain the motivation to change; battle anxiety, fear, and resistance; and achieve emotional intelligence. Throughout Coaching Leaders White reveals the keys to becoming a successful coach and shows how to develop the skill, empathy, and insight that will put you on the road to coaching excellence.

From the Back CoverThe Guidebook for Those Who Guide Others! Dan White has put his wisdom and experience into a book that is rich with both case studies and a discussion of how superb coaching works. I recommend this book for everyone in the field of coaching as a must-have resource. —David Rottman, Senior Vice President, Human Resources, JPMorgan Chase Like executive coaches, books on executive coaching come and go. Not this one. With this exemplary work, Dan White has accomplished the rarity of combining his personal and professional experience, using highly readable cases, with his understanding of relevant concepts and theories. —W. Warner Burke, PhD, Edward Lee Thorndike Professor of Psychology and Education, Teachers College, Columbia University This is truly a magnificent read for any practicing or aspiring coach. Dan shares foundational theory, case studies, and learned techniques all in one complete resource. —Allison Weir, Leadership Facilitator, JetBlue Airways Coaching Leaders is a must read for everyone who plans to do executive coaching. Dan combines his experience as a coach, teacher, manager and psychologist in a powerful, thoughtful and very readable book. —Robert J. Lee, Managing Director, I Coach New York About the AuthorDaniel White is the managing director of Discovery Consulting, a firm specializing in coaching and training leaders. He also leads a training group for new coaches and founded a learning group for senior coaches.