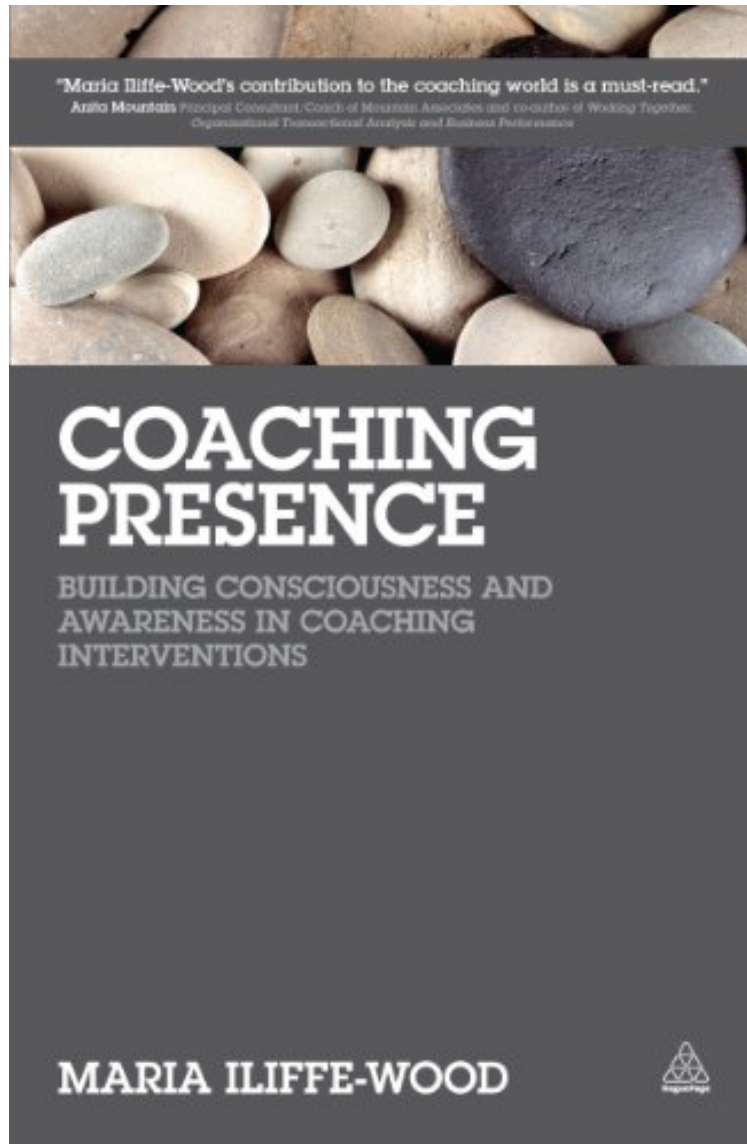


(Free read ebook) Coaching Presence: Building Consciousness and Awareness in Coaching Interventions

Coaching Presence: Building Consciousness and Awareness in Coaching Interventions

Maria Iliffe-Wood

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Maria Iliffe-Wood : Coaching Presence: Building Consciousness and Awareness in Coaching Interventions before purchasing it in order to gauge whether or not it would be worth my time, and all praised Coaching Presence: Building Consciousness and Awareness in Coaching Interventions:

One of the hallmarks of maturity as a coach is awareness of how your values, beliefs, and other factors affect your

coaching interventions. It takes skill to notice these influences which can manifest both physically and mentally during coaching, while simultaneously ensuring a client focused approach. Coaching Presence examines how self-awareness can be built across key aspects of coaching practice, introducing a model that will help you make a conscious and deliberate choice for every approach or intervention that you use with your client. It explores how, by paying close attention to the motivations behind every coaching choice, you can minimize the unconscious negative influences and bias to produce the best outcome for the client and their wider system. It will also help you recognize when conscious visibility expressed explicitly to the client may actually be the best coaching solution.

"Maria Iliffe-Wood's contribution to the coaching world is a must-read."--Anita Mountain "Principal Consultant/Coach of Mountain Associates ""This is more than a book, it's an invitation on a journey to coaching maturity. Maria guides us through her process with precision and purpose, sharing her own inner wisdom to allow us, and our clients to find and know theirs."--Susanna Way "Head of Professional Forums, Association for Coaching ""Maria's coaching style and interventions have had very positive, tangible effects for employees within Paul Smith Ltd. Maria has both proven previous business experience and very credible success as a powerful business coach. I cannot recommend Maria highly enough to any organization."--Margaret Mitchell "HR Manager, Paul Smith Ltd. ""About the Author Maria Iliffe-Wood is an executive coach and coach supervisor with over 25 years of coaching experience. She is a director of Meridian Iliffe Ltd and works with business leaders across a broad range of organizations and sectors. Maria is passionate about enhancing the skills of the coaching profession as a way of helping greater numbers of people lead more rewarding and fulfilling lives. She is a Co Coaching UK Lead for the Association for Coaching and an Associate Lecturer at the University of Derby on the Masters in Leadership Coaching programme.