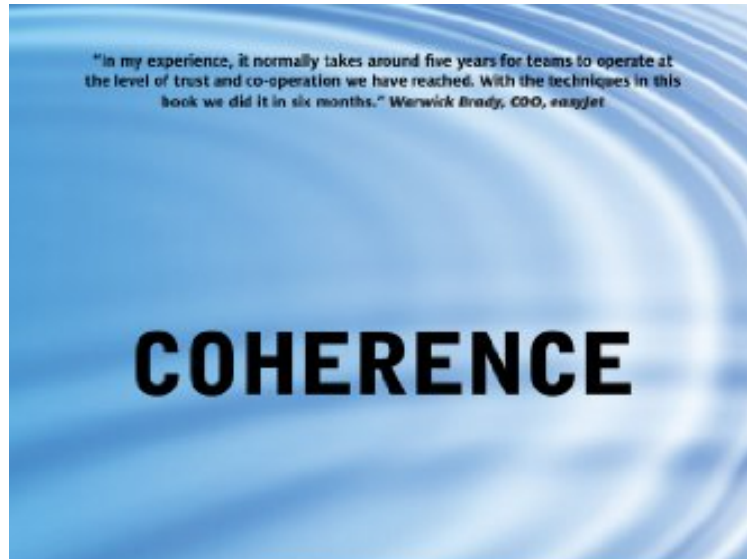


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Coherence: The Secret Science of Brilliant Leadership

Alan Watkins

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THE SECRET SCIENCE OF
BRILLIANT LEADERSHIP



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Alan Watkins : Coherence: The Secret Science of Brilliant Leadership before purchasing it in order to gauge whether or not it would be worth my time, and all praised Coherence: The Secret Science of Brilliant Leadership:

Every business leader faces innumerable challenges every working day, each one taking their toll on precious energy levels and the ability to respond and react positively in a commercial environment. Coherence recognizes the key factors that take their toll on a leader's effectiveness and ability to lead, and provides the reader with unique solutions designed to improve physiological factors that impact on core competencies. Problems today cannot be solved with

yesterday's level of thinking. CEOs fail and leaders burn out because our thinking has not sped up or powered up. The author not only recognizes that leaders have the potential for limitless processing power, but shows them how to access it, taking them back to fundamentals and, quite literally, to the heart of who we are and how we function successfully. By showing leaders how to be 'younger, smarter, healthier and happier' Coherence gives every decision maker the power to make influential decisions under pressure and achieve sustainable success at every level.