

(Download free pdf) It's Hard to Make a Difference When You Can't Find Your Keys: The Seven-Step Path to Becoming Truly Organized (Compass)

It's Hard to Make a Difference When You Can't Find Your Keys: The Seven-Step Path to Becoming Truly Organized (Compass)

Marilyn Byfield Paul

*DOC | *audiobook | ebooks | Download PDF | ePub*

THE SEVEN-STEP PATH TO
BECOMING TRULY ORGANIZED

It's Hard to Make
a Difference When You
Can't Find Your Keys



MARILYN PAUL, Ph.D.

"A brilliant, provocative, and profound book."

—Edward M. Hallowell, M.D.

DOWNLOAD



READ ONLINE

#684584 in eBooks 2003-12-30 2003-12-30File Name: B001RWQVX0 | File size: 51.Mb

Marilyn Byfield Paul : It's Hard to Make a Difference When You Can't Find Your Keys: The Seven-Step Path to Becoming Truly Organized (Compass) before purchasing it in order to gage whether or not it would be worth my time, and all praised It's Hard to Make a Difference When You Can't Find Your Keys: The Seven-Step Path to Becoming Truly Organized (Compass):

4 of 4 people found the following review helpful. So far, so good!By C. FloraI'm only one chapter in, as I ordered this

just before moving house, but I feel the content is promising. (I may change my review to 5* later.) What resonated with me early on are her admissions in that first chapter. She talks about constantly running late, piles of stuff covering her desk - and floor. I've been trying to overcome lateness pretty much forever (though I never lose my keys). -She describes trying out other organizational systems, which all generally tell you: do the cleanup and you will be organized (and then a week later, it's all a mess again). She even tells the story of hiring a professional organizer, who came to her house and helped her clean up her office, and then came back again 24 hours later when the desk was already covered! (She was too embarrassed to call her a 3rd time after the 2nd time didn't work either.) So right away, I identified some of these traits within myself, which gives me hope that once I've read and applied her guidelines, maybe I'll run on time, at last. 0 of 0 people found the following review helpful. Brought me to tears By Lauren Williams, the Casual Unclutterer This book brought me to tears more than once. It's a lyrical, cheerful, gentle, compassionate, sensible look at the consequences of disorganization and methods for re-framing negative mental habits that often reinforce disorganization which is compelling. I'm usually organized, and yes, I'm one of the Pros who always has been, but when I'm not organized it is often a direct symptom of some stressor in my life. I've read more than 50 books on organizing, as particular as Easy Closets (Joseph R. Provey) and as free-ranging as Throw Out Fifty Things (Gail Blanke). Ms. Paul's work is the first which helped me start approaching my destructive for-me mindset: stress = an excuse to let my structures slip. I'm emphasizing for-me because for many many someone else's, stress is not always or ever an excuse - we are all different. Stress can truly overwhelm people. But Ms. Paul's techniques might even then provide some relief. Ms. Paul understands living haphazardly because she "had to tackle her desk as if it were Mount Everest. I made thirty or forty attempts. I know this sounds exaggerated, but I had to get my figurative hiking boots, pack, and ice ax, and go after my desk with determination. The 'mountain' defeated me many times, but eventually I did conquer it. (I have a little flag waving at the top.)" page 11, last paragraph 2003 edition. Many of the BEST Pros are self-taught, now-organized "messies," and I'll go even farther and declare that any Organizer who claims s/he is always organized is probably fibbing. I'm tempted to quote dozens of bits and pieces from this marvelous book. I'll simply suggest that you read it. Lauren Williams, Owner, Casual Uncluttering LLC, Woodinville, WA USA 0 of 0 people found the following review helpful. A bit repetitive. I got board about a third ... By David Eberting A bit repetitive. I got board about a third of the way into it. To summarize search in your inner heart to find the true motivation... Found it not well organized and not fluid. Wish it had more technique and may have if I could get through the first half of the book.

Overbooking? Running late? Feeling overwhelmed by clutter and to-dos? Management consultant Dr. Marilyn Paul guides you on a path to personal change that will bring true relief from the pain and stress of disorganization. Unlike other books on getting organized, *It's Hard to Make a Difference When You Can't Find Your Keys* offers a clear seven-step path to personal development that is comprehensive in nature. Drawing on her own experience as a chronically disorganized person, Paul adds warmth, insight, humor, and hope to this manual for change and self-discovery. She introduces the notion of becoming "organized enough" to live a far more rewarding life and make the difference that is most important to you.

From Publishers Weekly Paul, an organizational development consultant, offers scattered readers a way out of the "swamp of disorder" in this smart look at the underlying causes of chronic disorganization. Though she offers concrete advice (create a to-do list system, keep transition time between appointments, get rid of things you haven't used in a year), her book goes beyond a step-by-step program to getting organized; her approach targets many of the sources of disorganization (among them: insecurity, emotional attachment, inexperience and fear) while offering meaningful paths to tackling everything from dirty dishes and filing problems to time management and inner spirituality. Hokey phrases like "the whole purpose of getting organized is to reconnect us with our soul's journey" and suggestions such as "bring your loving awareness to washing the lettuce leaves" are a little too common, but Paul artfully weaves the existential with the practical, as she shows how presence of mind can lead to a sense "of a greater Presence." Her advice is simple but important, and her reassuring tone will soothe even the most harried reader. Copyright 2003 Reed Business Information, Inc. ... [Marilyn Paul] gives readers a great gift - the freedom to be truly creative and effective. -- Robin J. Ely, Associate Professor of Organizational Behavior, Harvard Business School... a must-read for people seeking to bring more of their true selves to light. -- Marc Gafni, author of *Soul Prints: Your Path to Fulfillment* A brilliant, provocative, and profound book. ... innovative and totally convincing. -- Edward Hallowell, M.D., author of *Driven to Distraction* and *The Childhood Roots of Adult Happiness* Marilyn Paul's unique ... insights into how to create great team performance will be of value to any organization. -- Ginny Wiley, President, Pegasus Communications, Inc. From the Inside Flap Overbooking, running late, canceling appointments at the last minute, missing deadlines, feeling overwhelmed, losing important documents, or just plain losing your keys - it can happen to anyone once in awhile. But, when these circumstances become a way of life, they can be hard to change. In *It's Hard to Make a Difference When You Can't Find Your Keys*, management consultant Dr. Marilyn Paul will guide you on a path to personal change that can bring true relief from the pain and stress of chronic disorganization. Drawing from her own

past experience as a chronically disorganized person, Paul adds warmth, insight, humor, and hope, to this primer for change and self-discovery. Unlike other books on getting organized, in *It's Hard to Make a Difference When You Can't Find Your Keys*, Dr. Marilyn Paul offers a clear, practical seven-step path to personal growth that is holistic and comprehensive in nature. Drawing from all four levels of human experience: physical, emotional, mental, and spiritual, Paul creates the necessary traction for consistent and lasting change. And while most organizing books simply offer good tips for changing the symptoms of disorganization, Paul helps you identify and transform the root causes by teaching you how to recognize habits of thought and action that contribute to disorder, and motivating you to make changes direct you towards a more rewarding way of living. By combining practical "How-to's" (such as how to empty out your in-box) with the deep wisdom of decades of meditation practice, she shows how to develop a greater sense of inner calm and presence by constructively dealing with outer disorder. With *It's Hard to Make a Difference When You Can't Find Your Keys*, Dr. Marilyn Paul has created a roadmap that moves you from chaos and little efficacy onto the path of changing your behavior, emerging from your disorganization, and finally being able to do what you want, when you want with growing presence of mind.