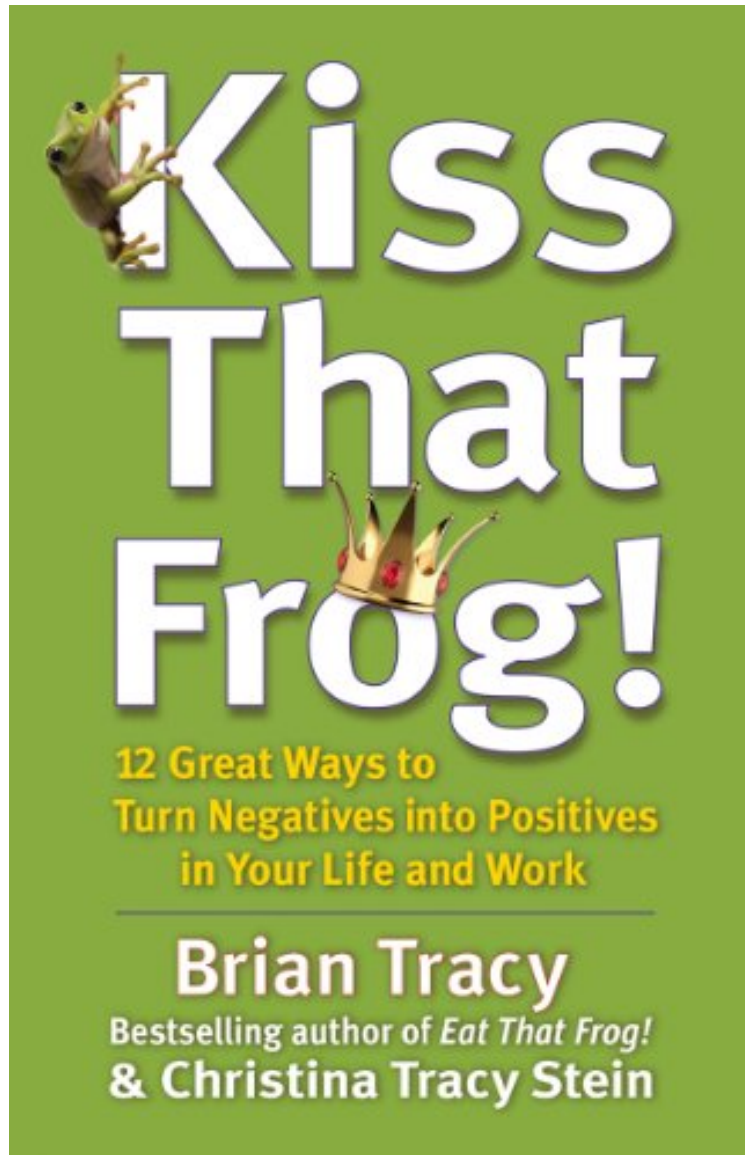


(Ebook free) Kiss That Frog!: 12 Great Ways to Turn Negatives into Positives in Your Life and Work

# Kiss That Frog!: 12 Great Ways to Turn Negatives into Positives in Your Life and Work

Brian Tracy, Christina Stein  
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**Brian Tracy, Christina Stein : Kiss That Frog!: 12 Great Ways to Turn Negatives into Positives in Your Life and Work** before purchasing it in order to gage whether or not it would be worth my time, and all praised Kiss That Frog!: 12 Great Ways to Turn Negatives into Positives in Your Life and Work:

2 of 2 people found the following review helpful. You will love it - or hate it! But truth can not be ignored!By Hans-Juergen WilkeIf we all would be more conscious and aware of what is going on inside and outside ... this book/audio

would not be needed. It really tells you what is 100% true, sense making reality: water is flowing down hill. We know it all ... but for some mysterious reason most of us are denying what is working and fabricating distorting views of reality ... that lead to nothing. Kiss that frog shows in a clear and easy way some common misunderstandings - and the way out. Great inspiration! 2 of 2 people found the following review helpful. It's great for people holding on to garbage from their past. By G. Christy Brian Tracy usually does sales coaching and training. This is different. It's not rah rah stuff. It's real and thoughtful advice. This is personal development and insight that makes sense. He covers why a child who is neglected or abused would then grow up and automatically blame and be defensive and angry at the world going forward. With some patience and insight, a person can start to see their own patterns causing grief in their own life. I believe this and the book, Mindset, are excellent tools for understanding the big picture of human behavior, both providing logical guidelines to changing that behavior. Yes, I do recommend this product. 0 of 0 people found the following review helpful. Excellent self-help By Elizabeth Spell Beene This book helps me change negatives in my life to positives. I am going to re-read it, starting today. :)

Just like the lonely princess in the fairy tale who was reluctant to lock lips with a warty frog and transform him into a handsome prince, something stops many of us short of attaining our dreams. Our negative thoughts, emotions, and attitudes can threaten to keep us from achieving all that we're capable of. Here bestselling author and speaker Brian Tracy and his daughter, therapist Christina Tracy Stein, provide a set of practical, proven strategies anyone can use to turn those negative frogs into positive princes. Tracy and Stein present a step-by-step plan that addresses the root causes of negativity, helps you uncover blocks that have become mental obstacles, and shows how you can transform them into stepping-stones to achieve your fullest potential. The book distills, in an accessible and immediately useful form, what Tracy has presented in more than 5,000 talks and seminars with more than five million people in fifty-eight countries and what Stein has learned through thousands of hours of counseling people from all walks of life. "There is nothing either good or bad, but thinking makes it so," the authors quote Shakespeare. The many powerful techniques and exercises in this book will help you change your mindset so that you discover something worthwhile in every person and experience, however difficult and challenging they might seem at first. You'll learn how to develop unshakable self-confidence, become your best self, and begin living an extraordinary life.