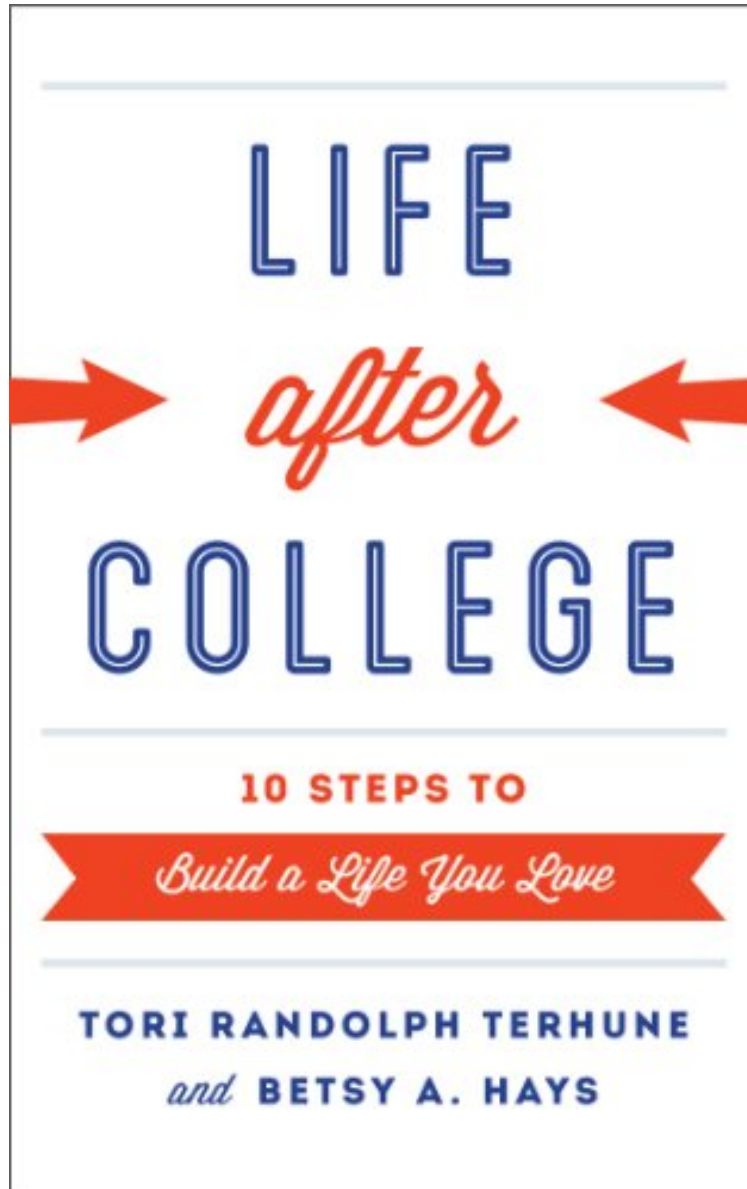


## Life after College: Ten Steps to Build a Life You Love

*Tori Randolph Terhune, Betsy A. Hays*

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**Tori Randolph Terhune, Betsy A. Hays : Life after College: Ten Steps to Build a Life You Love** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Life after College: Ten Steps to Build a Life You Love:

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By JoEllen Lambert  
I bought this book for my daughter who is graduating from grad school. This book gives such great insight on how to survive in the real world.

Whether employed or not upon completing their college degree, most people experience a significant "culture shock" while transitioning from student to professional life. In *Life After College: Ten Steps to Build a Life You Love*, authors Tori Randolph Terhune and Betsy A. Hays show recent, and not so recent, college graduates what they can do to successfully transition into this new stage of their lives. Terhune, a recent college graduate, and Hays, a college professor, provide honest, humorous, and helpful suggestions to help readers thrive. Focusing on more than just success in the workplace, the authors offer ten easy-to-follow strategies and practical advice for all points of life—from time management at home and at work to making friends in a new city to budgeting. The book also covers key generational differences, the magic of mentoring, and the millennial validation vacuum. *Life After College* will help any recent grad build a fulfilling life in and out of the office. There is so much more to being happy and healthy post-college than getting a job, and anyone looking to successfully adjust to life beyond college needs to read *Life After College*.

In a reassuring and chatty tone, Terhune and Hays dispense advice to newbies in the post-college world. The authors previously collaborated on *Land Your Dream Career: 11 Steps to Take in College*. The basic advice—know your productive times of day, live within your means, follow the Golden Rule—may be new to twenty-something readers and favors human interaction over the Internet and gadgets. The sections on living alone, negotiating with roommates, maintaining career momentum and lifelong learning offer interesting insights. (Library Journal) This is one of several well-targeted books that have cropped up in recent years to help young adults overcome a range of challenges from time management to purchasing insurance. While I like that information, three solid chapters on succeeding at work and finding a mentor are what keep this title in my lineup. *Life After College* is not an in-depth strategy book, but an overview of the main areas competing for a 20-something's attention while launching into adulthood. Abundant stories and examples make it a quick and useful read. (Pioneer Press) Betsy Hays and Tori Terhune have penned the essential compendium for post-college life. It is as prescriptive as living with Dr. Phil without the video. This 'food for thought' tome is a real recipe for mastering the day to day grind of building a five star career that will keep the graduate professionally prepared and personally fulfilled. (Gerard Francis Corbett, Chair and CEO, Redphlag LLC; past Chair and CEO, Public Relations Society of America) They've done it again! Tori Randolph Terhune and Betsy A. Hays' forthcoming book, *Life after College* is another home run in the authors' book series. Presenting life after college in a fun and engaging manner, this book succeeds in providing solid direction for the steps needed after college. A great gift for every graduate to ensure success and a lifetime of passion in their careers! (Donna C. Wertalik, Virginia Tech, Pamplin College of Business) *Life after College* offers a balanced, sensible approach to life as a young adult in America. The book is compassionate in its approach and conversational in tone as it guides readers through the transition from college student to working professional. It's about personal branding. It's about health and wellbeing. It's about equanimity—finding that right balance between who you are and who you want to become. The narrative is accompanied by great stories of life lessons, told in an endearing way. Whereas Tori and Betsy's *Land Your Dream Career* ought to be read by every college sophomore; *Life after College* ought to be read by every college senior. It opens the door to the many joys in life that college students want to realize. (Douglas J. Swanson, California State University, Fullerton) Once again, Tori and Betsy have provided millennials with a practical, real, and sometimes humorous roadmap to success. The transition from college student to professional is a difficult one. *Life after College* provides tools and strategies for not only making it through this transition, but also thriving during this often tumultuous time. (Timothy M. Stearns, Coleman Foundation Chair in Entrepreneurship, Executive Director, Lyles Center for Innovation and Entrepreneurship) I found *Life after College* to be a well-organized and witty read, relevant to adults in all stages of life. The 'Story' sections, in which the authors share real-life experiences, were a nice touch. I could appreciate the authors' different experiences and journeys for each idea or lesson. Well done, Tori and Betsy. (Edgar Blunt, Co-Founder of Career Pillar) About the Author Tori Randolph Terhune is an award-winning speaker, author and CEO of Brand Chicks, a social and online media consultancy. Terhune's passion is to help students and young professionals succeed, which was sparked by her own college experience. By the time Terhune walked across the stage to get her diploma in 2009, she had three years of experience in her field and an entry-level job in her industry. She was recognized as the Outstanding Public Relations Graduate by Fresno State and as Rookie of the Year by PRSA (Public Relations Society of America) Central California. Betsy A. Hays is a professor of public relations in the Department of Mass Communication and Journalism at California State University, Fresno, where she also runs the internship and scholarship programs for the department and advises two student pre-professional clubs. She is also a sought-after motivational speaker and workshop presenter. Together they are the authors of *Land Your Dream Career: Eleven Steps to Take in College*.