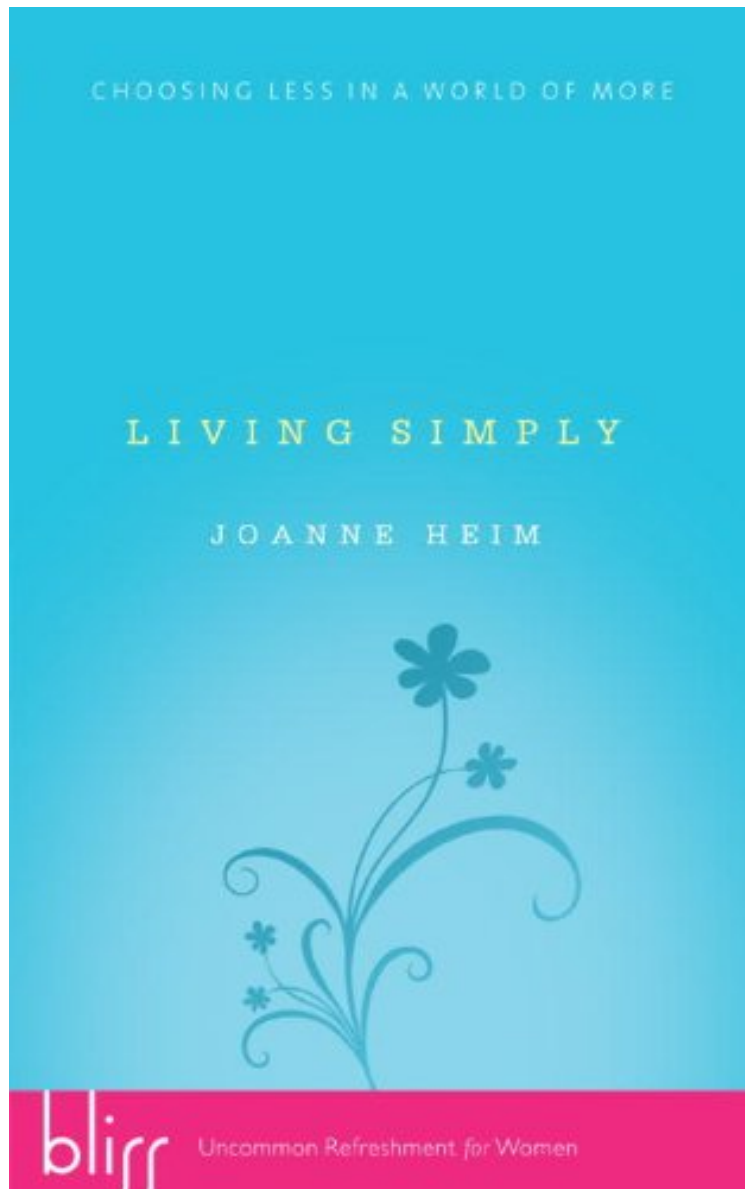


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## Living Simply: Choosing Less in a World of More

*Joanne Heim*

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**Joanne Heim : Living Simply: Choosing Less in a World of More** before purchasing it in order to gage whether or not it would be worth my time, and all praised Living Simply: Choosing Less in a World of More:

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**Quality Over Quantity Means a Great Life** Whew! You can multitask like a pro; you prove it every day. But while you're used to being pulled in multiple directions, that doesn't mean you like it. You yearn for something more... not on your to-do list, but in the heart of daily living. Now *Living Simply* shows you how to make this ideal life your real life today! Joanne Heim's refreshing perspective and pointed guidance address specific areas you'd like to transform, from family and friendships to meals and celebrations. This book responds to the longings of your heart not with pat answers, but with practical solutions. Never have such simple changes yielded such sweeping results! Errands to run. Friends to meet. Laundry to fold. Dinner to cook. Messages to check. Calls to make. Gas tank to fill. Lists to do. Notes to self. Bills to pay. Dog to walk. Appointments to make. Schedules to keep. Lunches to pack. Party to plan. Enjoy true abundance! "This is the book I wanted to write, but was too busy simplifying my life. I laughed out loud and am provoked to action. Well done, Joanne." -Lisa Ryan  
"If you find yourself living a full life rather than simply living life to the fullest, this book is for you." -Lisa Welchel  
"Story Behind the Book" Simplicity is not just about cooking a month's worth of meals in one day or learning how to speed clean your kitchen," says Joanne Heim. "Women long for a better quality of life, but we wonder just how to get it. In *Living Simply*, I ponder what it takes to slow down and downsize while living in a culture that supersedes everything from french fries to SUVs. I want more meaning and less stuff, and simplicity is a means to a better quality of life. Choosing this isn't about turning my back on the world or lowering my expectations, but about making wise choices and finding the abundant life promised by Jesus." From the Trade Paperback edition.

**About the Author** Joanne Heim has been a publicist, senior copywriter, and editor in the Christian publishing industry for ten years. She is the author of several books with her husband, Toben, including *Happily Ever After: A Real-Life Look at Your First Year of Marriage*. She has also written numerous Bible study guides and been the featured guest on many radio programs, including *Focus on the Family* and *Moody's Midday Connection*. Now a full-time mom, Joanne's schedule is filled with the activities she most enjoys: caring for her husband and two young daughters, friendships, ballet, knitting, and writing.