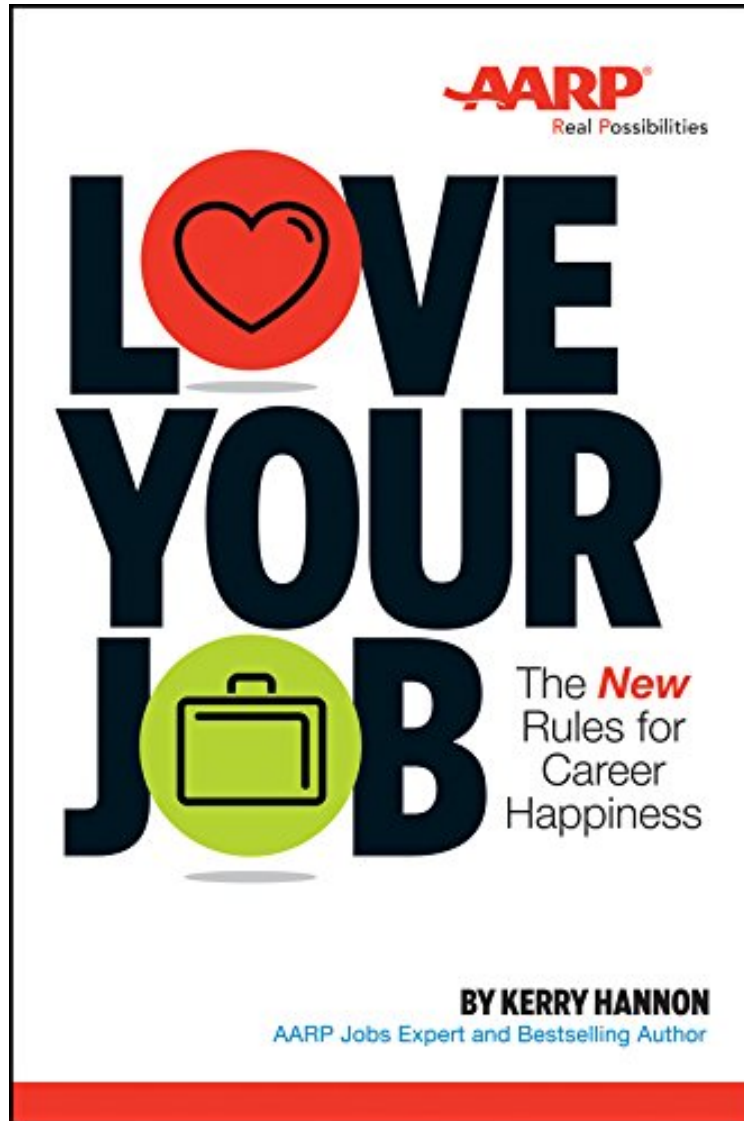


# Love Your Job: The New Rules for Career Happiness

*Kerry Hannon*

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**Kerry Hannon : Love Your Job: The New Rules for Career Happiness** before purchasing it in order to gage whether or not it would be worth my time, and all praised Love Your Job: The New Rules for Career Happiness:

0 of 0 people found the following review helpful. Multiple Concepts To Like About This KindlebookBy Stella CarrierFirst off, I do understand that it is important to see the good in onersquo;s current job as every job has its pros and cons when it comes to pay, working environment, location etc. Additionally, I am blessed to have a job with fair working conditions in terms of how I am treated by the people at my current place of employment. It is just that I am in the process of working on going from a temporary/seasonal employee to a year round employee. As a result, I was hoping to get ideas from this book Love Your Job by Kerry Hannon for financial reasons as the competition is fierce

for year round/permanent jobs at my current place of employment. This kindlebook of Love Your Job: The New Rules For Career Happiness by Kerry Hannon contains help career information as it pertains to making the best of one's current job, volunteering, education opportunities and more. Additionally, Hannon is also generous with the amount of websites she includes at the end of the kindlebook when it comes to volunteer opportunities, education websites, career websites. etc. The main caveat is that this kindlebook is more for people who are fully and 100 percent certain that they plan on being in their current careers for maybe at least 10 years or more regardless of whether they are a temporary, seasonal, and/or a permanent/year round employee. However, Hannon does give advice on various ideas of enlisting the help of a career coach as it pertains to career and/or financial advice which is obviously different from reaching out to a therapist for career and/or money advice. 4 of 4 people found the following review helpful. Great book if you have job burnout! By JMFI started to dread going to work everyday and found this book. It is more geared toward the office setting, but it still worked for me. I am not in a position to leave my current job and couldn't find anything good in it anymore. I am half way through this book and already am reminded of all the good reasons why I took this position in the first place. The book not only has advice but also exercises to do. It is an easy read and very interesting. I would recommend it to anyone that is not happy in their current job. It definitely would be worth reading and might actually make you more happy and peaceful. It did for me. 0 of 0 people found the following review helpful. Read through the Love Your Job book By T. Christensen Read through the Love Your Job book. It's easy reading but still doesn't convince me to want to work full time for the rest of my life. I was hoping it would help me deal with the sad reality that life in the US seems to revolve around working a 40 hour a week job with 1-2 weeks of vacation and not a lot of time left for much else. But it is only a book and can't change that fact.

**AWARDS:** Independent Publisher Book Award 2015 (Silver) and National Mature Media Award 2015 (Bronze) Step-by-step tips for revitalizing your career Yes, it is possible to have a job you love, and it doesn't require starting from scratch. Love Your Job is a guide to making work fulfilling and fun — again, or even for the first time. Why count down the hours of the day or the days to retirement when you could reinvigorate your workday, transforming the daily doldrums into a daily dose of enjoyable activity? Kerry Hannon, The New York Times columnist and AARP's Jobs Expert, focuses on the little things that can make a big difference in how we feel about work. Love Your Job is all about the routines, habits, and thought patterns that, over the years, may have turned a dream job into a drudge or, worse, a nightmare. Changing these habits and attitudes is simple, and this book shows you how to identify the little things that make work enjoyable and engaging. Using these simple techniques, you can adopt the attitude that will keep you happy and that might just lead to bigger and better things, no matter what stage of your career you are in. In this book, you will learn to: Develop new habits that bring more purpose into every single workday Rekindle your hope and motivation by celebrating small successes Recognize negative patterns that keep you from enjoying your job Craft an entrepreneurial attitude that will get you noticed and enrich your work life We all deserve to experience happiness and satisfaction every day, at every stage of our careers. Kerry Hannon explains that you don't have to make a huge career transition to love work again. But if you reinvent the way you see work, who knows where your new outlook will lead? Wake up to the countless possibilities that await you with Love Your Job.

"It provides a great deal of actionable steps to take to enjoy work more. There is a good deal of useful data and interesting anecdotes" (The Marketing Society, June 2015) "Hannon's book is a valuable tool for those who are dissatisfied in their work" (Entrepreneur Middle East, October 2015)