

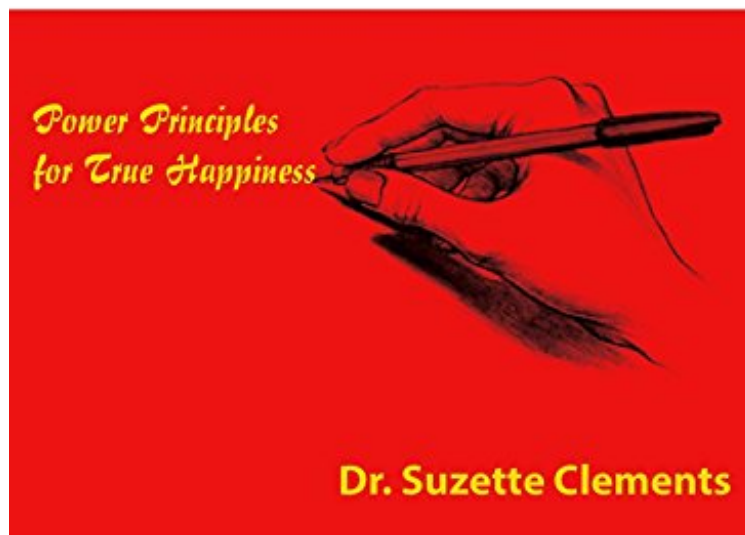
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Re-Scripting Your Life: Power Principles for True Happiness

Suzette Andrean Clements

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RE-SCRIPTING your LIFE!



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Suzette Andrean Clements : Re-Scripting Your Life: Power Principles for True Happiness before purchasing it in order to gauge whether or not it would be worth my time, and all praised Re-Scripting Your Life: Power Principles for True Happiness:

0 of 0 people found the following review helpful. Truly Inspirational!By Tara McDonoughThis book is truly inspiring, empowering, and life changing. Dr. Clements reminds us to be present and to embrace life to the fullest by being intentional in all that we do and all that we say. She encourages us to get into alignment with ourselves and to make positive choices in life which will ultimately bring us the happiness we desire and deserve. This book helped me to refocus on what truly matters in my life and it helped me to be more open to finding my true love, which I did. I am very grateful for the exercises she provides as well. This book will stay on my nightstand for continued reference. I highly recommend it to anyone looking for new and powerful inspiration in their life. I love this book!!0 of 0 people

found the following review helpful. I have reaped great rewards. I became a volunteer and gained amazing ...By CustomerThoroughly enlightening. Wish I was exposed to this thought process when I was young. I have applied several of the enlightening methods to my life. I have reaped great rewards. I became a volunteer and gained amazing employment fulfillment just because I practiced what the author recommended. I am now getting ready to launch my own business!Thank you, thank you, thank you. I have had 2 of my 3 children to read this book and it has jumped started their desire to soar. My 3 child is next in line to read this amazing book.0 of 0 people found the following review helpful. Action oriented book!By Dr. Simone JoseyAbsolutely love this book! If you enjoy books that allow you to take notes and make plans WHILE you read, then you will love this book. It is filled with practical ways to impact your life and there are also stories throughout the book to help you relate the concepts to your own life. Very helpful if you want more than just the 'feel good' information. If you want to take ACTION, then this is the book for you!

The book poses 12 powerful principles that you can incorporate to rescript your life, moving from sadness and despair to confidence and courage. Readers will embrace their remodeled lives with authenticity and fervor leading to unbridled happiness. The author, Dr. Suzette Clements, learned and effectively used the techniques included in the book to find something she had lost - her zeal for life. While at the pinnacle of her career, neither her family nor academic and professional accomplishments could sufficiently provide Suzette with the cure for what was ailing her. Thus, she began an intense journey to happiness. The philosophical and practical treasures she has found will now become yours, ensuring that you, too, now learn the true art of happiness.

"Re-scripting Your Life touched my heart in a remarkable way. It is highly transformational. If you want to be happy in spite of your current situation, you must read it cover to cover. Make sure you also get a copy for those you really care about." Rene Godefroy, Best-selling author of "Kick Your Excuses Goodbye"About the AuthorDr. Suzette Clements is a practicing board certified Podiatrist in Decatur, Georgia, registered nurse, certified health coach, author and motivational speaker. She teaches "The Art of Happiness" at Emory University Continuing Education and is an instructor of acrylic painting. She is passionate and empowers others to live life to the fullest. She and her husband have made television and radio appearances and are the founders of Highest You LLLP, a company dedicated to providing others with high quality personal development training. We specialize in training with techniques specifically designed for "accelerated learning". Our programs are designed to help individuals identify and overcome personal obstacles to their success. We focus on the body, mind and spirit. We believe in empowering the individual to succeed in relationships, in finances, and to have optimum health to enjoy it all.