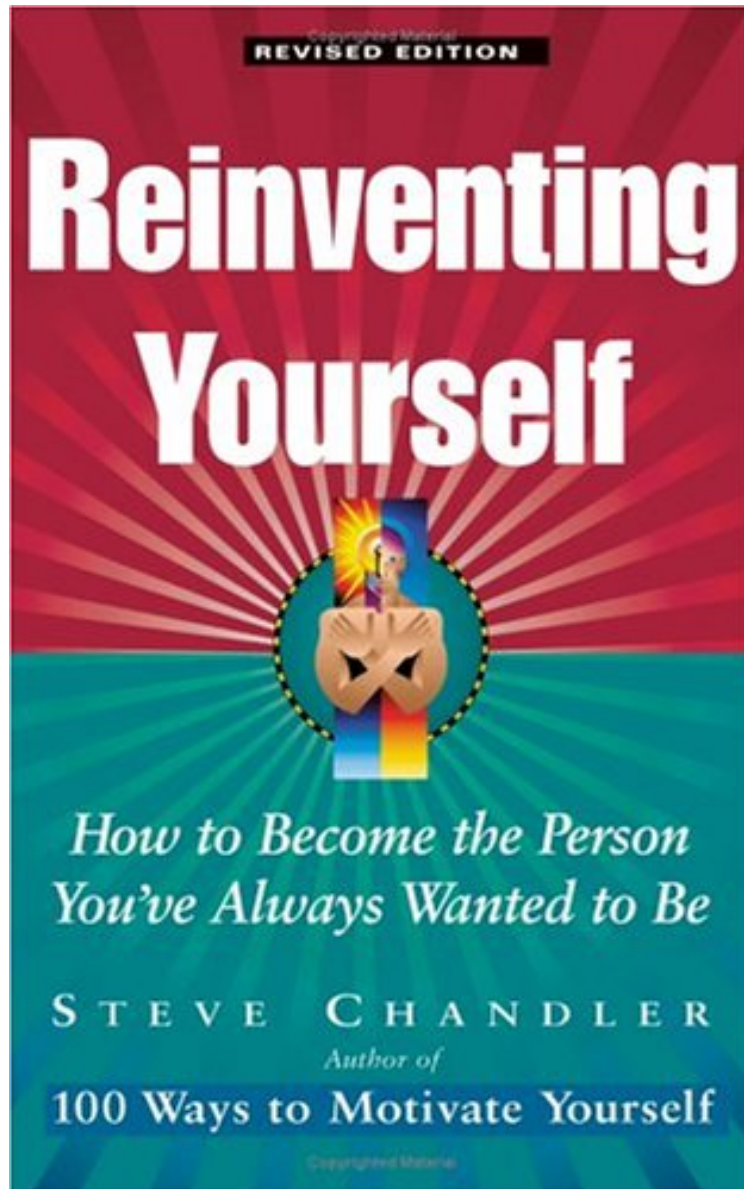


(Download pdf) Reinventing Yourself: How To Become The Person You've Always Wanted To Be

Reinventing Yourself: How To Become The Person You've Always Wanted To Be

Steve Chandler

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never seizes to inspire me out of the gloom. I would have listened to the audiobook many times and this time I read the book itself. It may feel that the author repeats a bit but it does matter. Whenever I read this book it lights my fire! Always! Recommend this book for anybody including super achievers because everybody needs a push once in a while. 4 of 5 people found the following review helpful. I found reading this book a complete waste of time. By avid reader I found reading this book a complete waste of time. It is filled with nothing concrete to work with...just platitude after platitude. Also, the constant references to musicians, actors' lives, etc. was annoying...worse still was the constant movie scene references....this is all artificial stuff here...not the real world. A couple quotes by philosophers were interesting, but that could have filled, hmm, half a page. Nothing but useless fluff....0 of 0 people found the following review helpful. Excellent book! By C A R Why is Steve not more known than these other motivational people? This is the best book about changing yourself that I have ever read and I have read them all. I plan to read his other books.

"Reinventing Yourself is written forcefully, but with great humor, There won't be many books in the coming years that are met with as much enthusiasm as his book." -Colin Wilson, author of *The Outsider* and *Alien Dawn*
"If you want a book that develops your hidden potential, look no further, Steve Chandler's *Reinventing Yourself* is it!" -Danny Cox, author of *Seize the Day* and *There are No Limits*
"If you put together the best of Anthony Robbins and Wayne Dyer, what you would have would be almost as good as Steve Chandler." -Dale Dauten, King Features Syndicate
Motivational speaker Steve Chandler helps you turn "what could have been into what will be." His writing is filled with techniques for breaking down negative barriers and letting go of pessimistic thoughts that prevent you from fulfilling or even allowing yourself to conceive of your goals and dreams. Steve Chandler is the author of *100 Ways to Motivate Yourself*, *100 Ways to Motivate Others*, *The Story of You*, and *The Hands-off Manager* (all Career Press). He is a celebrated public speaker and corporate trainer who delivers relationship and motivational workshops throughout the United States and Canada. He lives in Phoenix, Az.

From Library Journal There are two kinds of people, asserts motivational speaker Chandler: victims and owners. Transforming oneself from the victim mindset to the owner mindset is the purpose of this recording. Possessing "the spirit" that is, the right attitude is the key to making the change, and the spirit must be lit again each day. Victims allow things to happen to them; owners make things happen. Language is a powerful weapon. Victims use "should" and "ought," owners use "can" and "will." The victim is "swamped" by all the things he/she has to do; the owner is "focused" on the tasks before him/her. Chandler quotes Voltaire: "No problem can stand the assault of sustained thinking." Worrying about a problem is not thinking about it because worrying does not seek solutions. Owners address problems rather than avoiding them. Practice is a powerful weapon against the mediocre life. Losing is not defeat. Happiness can be mastered. Chandler's narration in this three-hour program is soothing, which may inspire some and put others to sleep. Useful for self-help collections. Ann Blaine Hilyard, Lake Villa Dist. Lib., IL
Copyright 1999 Reed Business Information, Inc. "If you put together the best of Anthony Robbins and Wayne Dyer, you would almost have Steve Chandler." "Everyone at the Starting Over show is still talking about Steve Chandler and what he did for the show." -- Iyanla Vanzant "Steve Chandler is the most original and inspiring figure in the highly competitive field of motivational speaking." -- Arthur Morey "Steve Chandler lights you up with the glow of his internal neon...one of the funniest men I have ever known...what he proposes is so rock-solid and reassuring..." "It's hard to believe that so much powerful, practical wisdom can be packed into such an easy-to-read book. It's a voyage into the pure essence of what really works." -- Ron Hulnick "You can set yourself free by how you talk to yourself about your capabilities. The greatness you see in others is in you. I promise that you can find it inside you, no matter who you are." -- Steve Chandler "Steve Chandler's words of wisdom and motivational techniques have guided me as a public servant and helped me to achieve my goals. If you want to grow as a person and make a difference in the world, put this book on your reading list right now!" -- Jim Kolbe
Language Notes This completely revised and updated edition of *Reinventing Yourself*, the motivational classic by inspirational author Steve Chandler, features several new chapters, including: What to Do about Your Money Fears, Your Career Played as a Game vs. Your Career as a Grind for Survival, How Much Ego Do You Need to Succeed?, The Hidden Downside of Winning Friends and Influencing People, Do You Need a Life Coach or Should You Just Wing It?, Does Success Make You Happy or Does Happiness Make You Successful?, Yours; I learn numerous techniques for breaking down negative barriers and letting go of the pessimistic thoughts that prevent you from fulfilling, or even allowing yourself to conceive of, your goals and dreams. Chandler's new edition also tunes, polishes, and strengthens the many popular and inspiring chapters from previous editions of this book, making them even more useful and relevant in today's rapidly changing, globalized world. The old psychological models that focused on past hurts and traumatic memories have given way to exciting new breakthroughs, like Dr. Martin Seligman's work on post-traumatic strength and Dr. George Pransky's work on human beings' innate resilience and well-being. No more fixating on psychic wounds that occurred in childhood. Chandler's new revision looks at the work of both of those pioneers and makes optimism available to people who never believed they could reinvent their old ways of being. This product is

manufactured on demand using CD-R recordable media. .com's standard return policy will apply.