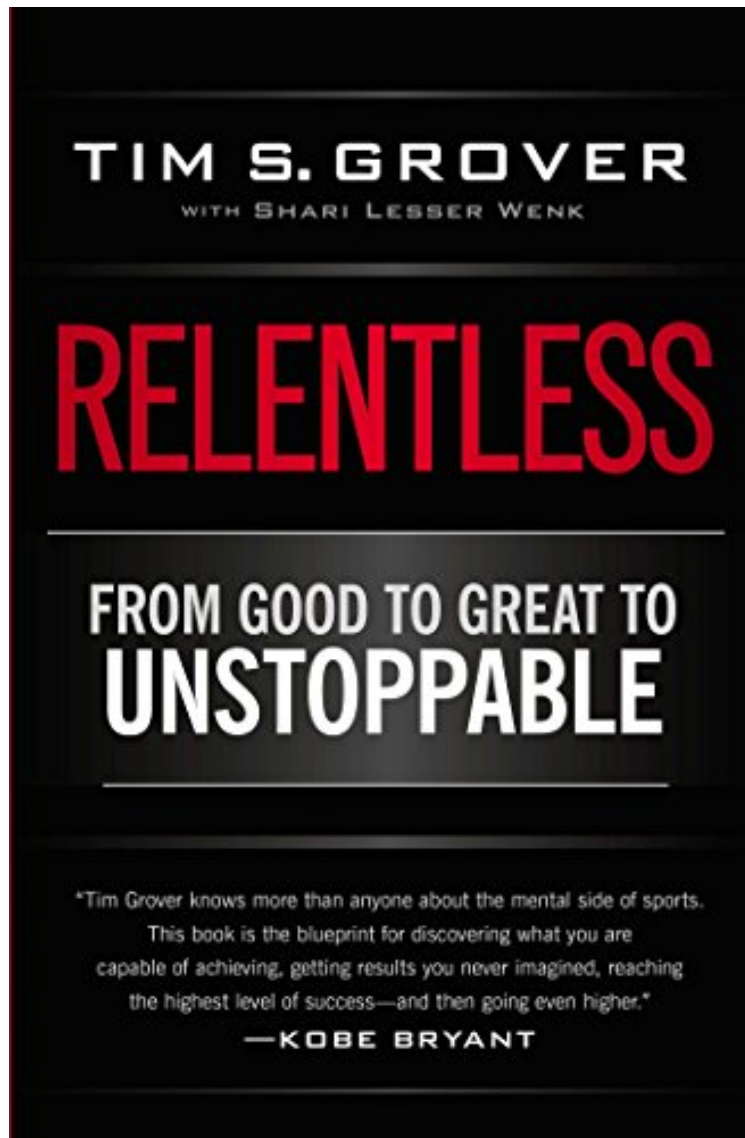


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Relentless: From Good to Great to Unstoppable

Tim S. Grover

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Tim S. Grover : Relentless: From Good to Great to Unstoppable before purchasing it in order to gage whether or not it would be worth my time, and all praised Relentless: From Good to Great to Unstoppable:

125 of 133 people found the following review helpful. You only live once... Live legendaryBy CustomerI had to come back and write this review because some of the negative reviews they're displaying on the main page almost talked me out of buying this book! Then I thought to myself.. "Man, who am I going to listen to? Some weak scrubs who took the time out of their day to write a poor review on OR a highly successful trainer who has been the go-to guy for some of the top basketball legends who ever played?"So I bought the book.BOOM! It nails it. I can relate to a lot of what he

says. I've always known that there are just a lot of weak people out there that can't keep up or perform at top levels. That's not something to ignore and say "oh everybody is special in their own way" or "i'm sure he's a nice person so it's okay" - when it's time to perform you have to perform! End of story. This book is for the people who can (or at least have the desire and are working on being able to) perform at top levels. It goes into the mindset of a high achiever. It gives you permission to act the way you already know you want to act deep down inside. If you always listen to the weak people and their beliefs on how you should behave it begins to tame your inner beast! This book is a breath of fresh air in a world where there's an epidemic of mediocrity and conformity and weakness. 1 of 1 people found the following review helpful. Mind blowing!! By Sandra Foster Mind changing - just what I was missing 1 of 1 people found the following review helpful. Very interesting and insightful By Colin Great book for a weak mind that needs direction and strengthening.

For more than two decades, legendary trainer Tim Grover has taken the greats—Michael Jordan, Kobe Bryant, Dwayne Wade, and dozens more—and made them greater. Now, for the first time ever, he reveals what it takes to get those results, showing you how to be relentless and achieve whatever you desire. Direct, blunt, and brutally honest, Grover breaks down what it takes to be unstoppable: you keep going when everyone else is giving up, you thrive under pressure, you never let your emotions make you weak. In "The Relentless 13," he details the essential traits shared by the most intense competitors and achievers in sports, business, and all walks of life. Relentless shows you how to trust your instincts and get in the Zone; how to control and adapt to any situation; how to find your opponent's weakness and attack. Grover gives you the same advice he gives his world-class clients—"don't think"—and shows you that anything is possible. Packed with previously untold stories and unparalleled insight into the psyches of the most successful and accomplished athletes of our time, Relentless shows you how even the best get better . . . and how you can too.