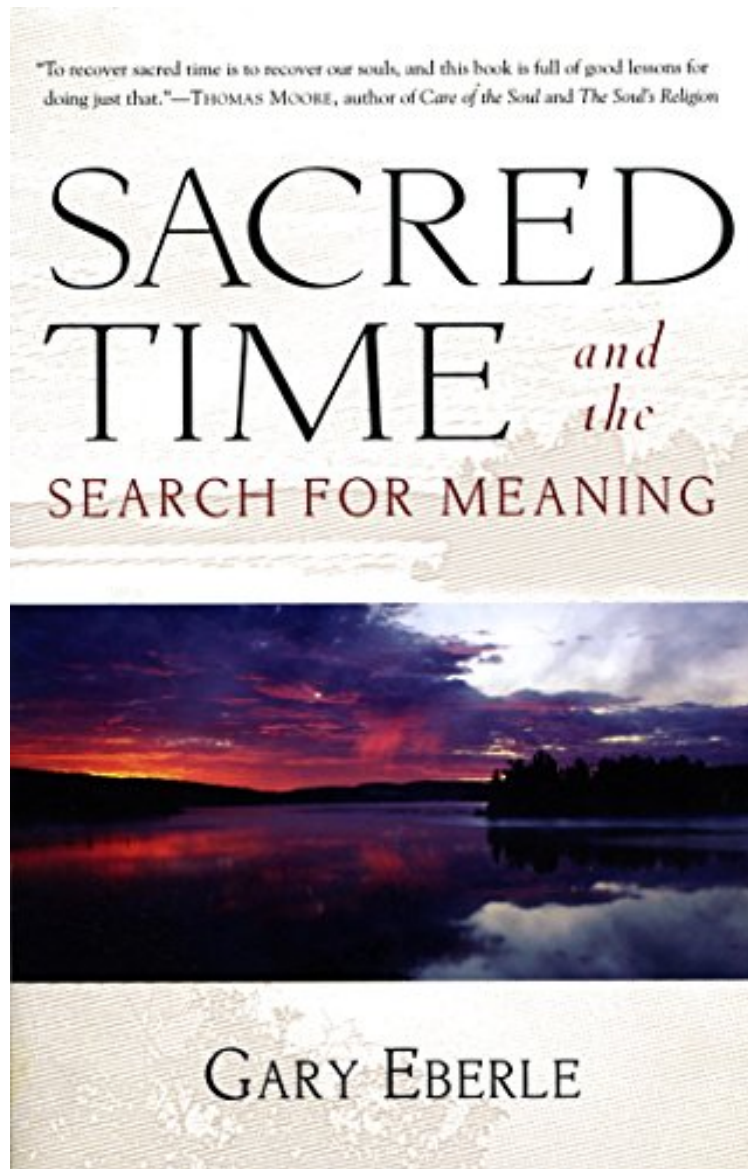


Sacred Time and the Search for Meaning

Gary Eberle

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Gary Eberle : Sacred Time and the Search for Meaning before purchasing it in order to gauge whether or not it would be worth my time, and all praised Sacred Time and the Search for Meaning:

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This little book is so wide-ranging, erudite, and interesting that I constantly was led into avenues of thought of which I had not been aware - a sign of an excellent teacher. I have already examined the footnotes and Selected Bibliography to see in what directions I can expand my thinking. Do not believe, however, that reading this book is only an educational exercise; it

is much more than that and will change your behavior and way of viewing the world. A wonderful book! 10 of 0 people found the following review helpful. This is one of the most intelligently researched and written books I've ever read. By CWireProfundity. This book is full of it. It is clear Gary Eberle spent hundreds (if not thousands), of hours mulling over some of the chapters of this book. They are so full of profound, uniquely packaged thoughts that it is unbelievable to me he fit this book and all its wisdom into 200 or so pages. Interesting thoughts on time, Christianity, Buddhism, science, ancient philosophy; it goes on and on. This is one of the most intelligently researched and written books I've ever read.

In *Sacred Time and the Search for Meaning*, author Gary Eberle contemplates how humans' view of time has evolved throughout history, how we came to measure time, and why we feel especially starved for it now. Eberle seeks to rediscover a renewed sense of meaning in life through looking for ways to enter the realm of sacred time or "sabbath time"—where we can reconnect with the slower, deeper rhythms of life that have traditionally been experienced through worship, prayer, and the observance of holy days. Drawing from the work of Western philosophers from Aristotle to Heidegger, and on theorists from Jung to Foucault, he presents both an intellectual history of time and a personal account of his own search for sacred time. Along the way he formulates an insightful analysis of our culture's obsession with speed and efficiency, and he offers guidance for slowing down to savor life outside of schedules and routines, showing the way toward finding fulfillment in this increasingly accelerated world.

"Eberle's expository prose has a clear and simple style that easily carries the reader through many ideas and perceptions. . . . His own reflections on how to alter our relationship with time and to discover both personal and communal sacred time, are at once touching and profound."—Library Journal "An inspiring book that will compel you to reconsider your use of time and how you can enrich your personal soul time. . . . Take a vow right now to end your time famine and to savor the bounties of sacred time."—Spirituality Health "Brimful with modern and ancient wisdom, this book is as captivating as it is liberating. Gary Eberle is the perfect guide through the maze of time to the gates of eternity. Especially if you are too busy, do your soul a favor—read and savor this truly wonderful book."—Forrest Church, author of *Bringing God Home* and *Life Lines* "Sacred Time and the Search for Meaning is of immense importance for the task of getting back to truly basic values and making life once again suitable for humans—and not only for machines and robots. To recover sacred time is to recover our souls, and this book is full of good lessons for doing just that."—Thomas Moore, author of *Care of the Soul* and *The Soul's Religion*

From the Author: This book is the culmination of a long personal search for the meaning of sacred time in the modern world. I invite the reader to join me in the spirit of an interesting walk or desultory after-dinner conversation or any other of the "sacred" activities that enrich our lives but that we don't often take time for in our over-busy world. I hope the thoughts I've articulated in the book can enrich the reader's life as they have enriched mine.

About the Author: Gary Eberle is chair of the English Department at Aquinas College in Grand Rapids, Michigan, where he has taught since 1982. His books include the critically acclaimed novel *Angel Strings*, as well as *The Geography of Nowhere: Finding One's Self in the Postmodern World* and *A City Full of Rain*, a collection of short stories.