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Ph.D. Tolu Adeleye

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TOLU ADELEYE, Ph.D.

Strength to Deliver®

How to Revive and Give Birth
to Your Interrupted Dreams



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0 of 0 people found the following review helpful. liked about 80% of the contentBy Roger S. StarkValuable if you are
either at the very beginning of rekindling your abandoned goals, or making the decision of if you should try again. .
liked about 80% of the content. Even her Christian Religious stories made a connection to what was in the chapter and

not just thrown in to make her pastor or whoever happy. The Delivery analogy became labored (ha ha) at times, but was effective.

Do you feel you are missing out of life in general and cannot seem to pinpoint why? It may well be that you have vital dreams that have remained unfulfilled. Through *Strength to Deliver*, life and career coach, Tolu Adeleye, Ph.D shows you how to breathe new life into old dreams and accomplish them. Using powerful imagery, you will learn how to remap new action steps towards those vital dreams, overcome obstacles that may be in your way and realize those dreams in your present circumstances. Enriched with many examples of individuals who realized career, relationship, personal development, leisure and legacy dreams despite huge obstructions and interruptions, you will be inspired to look beyond past failures. You will be motivated to take a second chance at realizing an important dream. *Strength to Deliver* empowers you to have new zest for life!

About the Author Tolu Adeleye, Ph.D., life coach, career coach and speaker works with individuals and organizations helping them to discover and embrace innovative pathways towards excellence in their personal and corporate lives. She is the author of many books and e-books on the management of life and career transitions.